



Directive implantology

Directive for the use of blue[®]m before and after implant placement

Preparation:

- Start 2-4 weeks before surgery with blue[®]m mouthwash, twice daily for 1 minute and brush with blue[®]m toothpaste (for optimal condition of the oral mucosa).

Premium option: start 4 weeks before treatment with blue[®]m teeth & bone formula: 3x 1 capsule daily.*

Therapy:

- After placing the implant apply a generous amount of blue[®]m oral gel around the implant using a pre-filled 3ml syringe and leave the gel in place as long as possible.

Postoperative instructions for patient home care:

1. Brush twice daily with blue[®]m fluoride free toothpaste (permanent use) and the blue[®]m ultra soft surgical toothbrush for 4 weeks to irritate the treated area in the mouth as little as possible.
2. Rinse four times daily for 1 minute with blue[®]m oxygen fluid for 4 weeks, then continue to use blue[®]m mouthwash twice daily for 1 minute (permanent use).
3. Apply blue[®]m oral gel from the 15ml tube twice daily during 4 weeks around the implant and leave in place as long as possible.

Premium option: use blue[®]m teeth & bone formula up to 6 weeks after surgery in the commenced dosing 3x 1 capsule daily, then switch to a maintenance dose of 2x 1 capsule daily (lifelong) for optimal maintenance of the implant.*

* = Dosage for adults