



Directive oncology

The use of blue[®]m before, during and after chemo and/or radiotherapy.

Preparation:

Perform a dental focus examination and instruct the patient according to the following order:

- Start 4 weeks before the start of the treatment program with 2x daily rinsing with blue[®]m oxygen fluid and 2x daily brushing with blue[®]m toothpaste (for an optimal condition of the oral mucosa)

Premium option: start using blue[®]m teeth & bone formula (3 x 1 capsule a day) 4 weeks prior to the start of the treatment.

During the treatment:

Plan regular appointments to check the condition of the mouth. Instruct the patient according to the following order:

1. Brush twice a day with an ultra-soft toothbrush and blue[®]m toothpaste (permanent use).
2. Rinse two to four times a day with blue[®]m oxygen fluid for the duration of 1 minute. The oxygen fluid is for permanent use too.
3. Apply blue[®]m oral gel twice a day on painful lesions in the mouth.

Premium option: keep using blue[®]m teeth & bone formula in the commenced dosing of 3 x 1 capsule a day.

At the end of the treatment process:

- Plan regular appointments with the patient to keep checking the condition of the mouth.
- Instruct the patient to keep brushing and rinsing according to this guideline.

Premium option: switch to a daily maintenance dose of 2 x 1 capsule blue[®]m teeth & bone formula. Keep using this to maintain a lifetime of optimal oral health.

* = dosage for adults