



Directive implantology

Directive for the use of blue[®]m before and after implant placement

Preparation:

- Start 2-4 weeks before surgery with blue[®]m mouthwash, twice daily for 1 minute and brush with blue[®]m toothpaste (for optimal condition of the oral mucosa).

Premium option: start 4 weeks before treatment with blue[®]m teeth & bone formula: 3 x 1 capsule daily.*

Therapy:

- After placing the implant apply a generous amount of blue[®]m oral gel around the implant using a disposable 2.5 ml syringe (Terumo) with a black mini tip (Ultradent) and leave in place as long as possible.

Postoperative instructions:

1. Brush twice daily with blue[®]m toothpaste (permanent use) and the blue[®]m super soft toothbrush for 4 weeks to irritate the treated area in the mouth as little as possible.
2. Rinse four times daily for 1 minute with blue[®]m mouthwash for 4 weeks, then continue to use twice daily for 1 minute (permanent use).
3. Apply blue[®]m oral gel twice daily during 4 weeks around the implant with a syringe using 2.5 ml (Terumo) with a black mini tip (Ultradent) and leave in place as long as possible.

Premium option: use blue[®]m teeth & bone formula up to 6 weeks after surgery in the commenced dosing 3 x 1 capsule daily, then switch to a maintenance dose of 2 x 1 capsule daily (lifelong) for optimal maintenance of the implant.*

* = Dosage for adults