

## **Directive endodontology**

Directive for the use of blue<sup>®</sup> m in endodontic therapy

## **Preparation:**

- Remove the infected pulp and drill the nerve out of the root canal.
- File with the endofile.

## Therapy:

- After every filing rinse with blue<sup>®</sup>m oxygen fluid (root canal rinse).
- After the filing sessions fill the root canal with blue®m oxygen fluid.
- Thrill with ultrasonic cleaner for 20 seconds and refresh the blue®m oxygen fluid.
- Repeat the last step 3 times.
- After the last ultrasonic cleaning session irrigate the canal once more with blue®m oxygen fluid.
- After rinsing the canals are dried with paper points and filled.

We advise to use the Navitip from Ultradent for the irrigation of the canals. Use approximately 10 à 20 ml blue<sup>®</sup>m oxygen fluid per canal.

Additionally: extreme pressure during irrigation or binding of the irrigation needle tip in the root canal with no release for the irrigant to leave the root canal coronally may result in contact of large volumes of the irrigant to the apical tissues. If this occurs, the excellent tissue dissolving capability of sodium hypochlorite will lead to tissue necrosis.

blue®m oxygen fluid is tissue friendly and will not lead to tissue necrosis.